

Guidelines for Patients with Hemorrhoids and/or Rectal Bleeding

Ask patient if they are diabetic or hypoglycemic (low blood sugar), if yes, notify M.A.

If patient has fissure or thrombosed hemorrhoid, NO PREP NEEDED.

PLEASE ADVISE THE PATIENT OF THE FOLLOWING GUIDELINES IF PREP NEEDED:

Purchase two (2) Fleet Disposable enemas at your local Pharmacy.

IF APPOINTMENT IS BETWEEN 9:30 A.M. & 11:30 A.M.:

You should take one (1) enema at the hour of sleep, the evening before your office examination.

The 2nd enema should be taken 1 hour before your office examination.

IF APPOINTMENT IS BETWEEN 11:30-4:00PM:

Patient may have light breakfast - (toast or fruit).

1st enema morning of visit in early am.

2nd enema 1 - Hour before office appointment.

The evening prior to your examination, you may eat anything you desire until midnight, then begin clear liquid diet until seen by the Doctor.

THE DEFINITION OF CLEAR LIQUIDS ARE:

Jello (no red or orange), cranberry or apple juice, clear chicken broth, gatorade, powerade, gingerale, sprite, tea, coffee, (black), Chicken (skinless, white meat only, bake, boiled or broiled). Water.

NOTE: The above chicken outline is the only exception to the liquids

******* IF TAKING ASPIRIN, STOP 3 TO 5 DAYS
BEFORE APPOINTMENT *******